# NEPHROLOGY ASSOCIATES, P.C.

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## Welcome to Our Practice

Please bring the following with you:

- A completed and signed patient information form (back of this page)
- A current list of all of your medications
- A completed health history form included in this package
- ♦ Photo ID
- Your insurance card(s) and insurance referral from your Primary Care Physician if required.

Please be prepared to:

- Pay any insurance co-payment (debit, credit, cash or check)
- Arrive 15 minutes prior to your scheduled appointment time
- We may ask you to provide a urine sample

### \*\*\*We require 24 hours notice of cancellation (except due to an emergency or inclement weather) If you are unable to keep this appointment please call 203-335-0195\*\*\*

#### Directions to Nephrology Associates:

#### From Merritt Parkway North or South:

Take Exit 48 - Main Street, Trumbull.

At the end of the exit ramp, turn south (toward Trumbull Shopping Park).

Follow Main Street for approximately three miles. You will pass St. Vincent's Medical Center on your left.

At the first traffic light after St. Vincent's, take a **right** onto Capital Avenue. At the next traffic light, take a **left** onto Madison Avenue. Our building is one block on the **left** (across from bakery).

#### From I-95 North or South:

Take Exit 27A - Route 25 & 8 Expressway.

Follow the expressway to Exit 4 - Lindley Street.

At the end of the exit ramp, take a **left** onto Lindley Street. At the first traffic light, take a **left** onto Capital Avenue. At the second traffic light, take a **left** onto Madison Avenue. Our building is one block on the **left** (across from bakery).

#### From Route 8 South:

Take Route 8 South which becomes the Route 25 & 8 Expressway.

Follow the expressway to Exit 5 - Boston and North Avenue. Bear RIGHT on the exit ramp and pass over the Expressway. Continue to bear RIGHT and follow along side the Expressway. At then bottom of the hill, bear RIGHT and pass under the Express way. You are now on Capital Avenue. At the third traffic light, take a **left** onto Madison Avenue. Our building is one block on the **left** (across from bakery).

Parking is in the back of the building. The entrance to the second floor is in the back of the building and we are located in Suite 209. Take the elevator to the second floor and follow the signs.